

Case Study

Readmissions of Dementia Patients

This study compared 30-day readmission rates for dementia patients cared for using the AlzBetter program versus the national average of Medicare beneficiaries who have dementia.

In this study, 70 dementia patients being cared for using the AlzBetter program were followed over a period of three years. Patients all received private duty in home care from a certified home health aide who was overseen by a registered nurse. Aides received dementia specific training and a dementia specific plan of care (schedule) was created for each patient.

The 2015 national average for readmissions is 18.4% for all Medicare beneficiaries. Additionally, Medicare beneficiaries who also have dementia are readmitted 20% more often than patients without dementia. This gave an estimated national readmission rate of 22.1% for people with dementia.

The average rate of readmission within 30 days for patients followed on the AlzBetter program was 6%. According to these numbers, those using the AlzBetter program saw a 3.7 fold or an estimated 370% decrease in readmissions versus the national average.

